

# what is CAPABLE?

If you are a senior living in Philadelphia, this program may be for you.



**Communities Aging in Place-Advancing Better Living for Elders (CAPABLE)** is a homebased program that focuses on you and your health.

The goal of the **CAPABLE** program is to empower seniors to maintain independence in their homes.

The **CAPABLE** team consists of professionals with a background in occupational therapy, nursing and construction. Together, the team will work alongside you to accomplish your everyday goals such as:

- Finding ways to make getting in and out of the bath tub easier
- Managing common arthritis aches
- Moving around the house safely

## To qualify, you must:

1. Be 65 years of age or older
2. Face challenges with one or more daily living activities
3. Have a household income at or below 50% Area Median Income (AMI)

Household Size	Maximum Income
1	\$33,850
2	\$38,650
3	\$43,500
4	\$48,300
5	\$52,200
6	\$56,050

## How the program works:

1. **Make yourself available**  
Make yourself and your home available for home assessment scheduling, and if your application is approved, CAPABLE services.
2. **Complete a minimum of 12 visits**  
Complete a series of 6 visits with an occupational therapist and 4 visits with a nurse, in addition to 2 handy person visits for the installation of equipment or home enhancements as prescribed by the CAPABLE team.

Interested? Call (215) 765-6000 x18 or email [family@habitatphiladelphia.org](mailto:family@habitatphiladelphia.org)



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